

AHMED MOHAMED FARAG MOHAMED

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OBJECTIVE

Eager to contribute to the growth of a reputable organization where my educational background, experience, technical, interpersonal, presentational, and communicational skills would be effectively utilized challenged, enriched, and developed.

EXPERIENCE

Health, Safety and Environment Manager And Operation Manager Ligabue Catering Egypt

From November 2021 Till present

- Follow up on a daily basis the progress of IPM (Integrated Pest Management).
- Follow up on a daily bases the self-inspection actions and progress.
- Ensure that unsatisfactory and serious actions are closed on spot with execution teams.
- Report FSNM (Food Safety Near Miss), and also follow up actions taken and closer.
- Ensure that all Food Safety standards and PRPs (Pre requisites Program) are implemented and followed by all company employees.
- Food Safety team player with problem solving groups, workshops, and Projects implementation phase.
- To deliver the highest possible standard of food with the resources available and within budget.
- Responsible for HSE compliance within the catering services.
- Lead, motivate, and support a large team within a time-sensitive and demanding environment, including setup and implementation of career development plans for all direct reports and problem resolution.
- Oversee materials and inventory management.

Health, Safety and Environment Manager El-Naghy for Engineering Consulting

From December 2020 to October 2021

- Develop and execute health and safety plans in the workplace according to legal guidelines.
- Prepare and enforce policies to establish a culture of health and safety.
- Evaluate practices, procedures and facilities to assess risk and adherence to the law.
- Conduct training and presentations for health and safety matters and accident prevention.
- Monitor compliance to policies and laws by inspecting employees and operations.

- Inspect equipment and machinery to observe possible unsafe conditions.
- Investigate accidents or incidents to discover causes and handle worker's compensation claims.
- Recommend solutions to issues, improvement opportunities or new prevention measures.
- Report on health and safety awareness, issues and statistics.

VALARIS Drilling Company DrillShip Rig (DS 7 , DS 6)

SHELL

From March 2017 to June 2019

During this period I have played two roles based in Cyprus.

Assistan Drilling Fliud Operator

From January 2018 to June 2019

- Monitoring gas and mud level in drilling string and well bore pressure.
- Contacting with Driller and Mud Logger to inform them any updates in the screen.
- Reporting any hazards to my Driller.

Rig Safety Advisor

From March 2017 to January 2018

- Carrying out risk assessments and site inspections.
- Ensuring that equipment is installed correctly and safely.
- Identifying potential hazards.
- liaising with external health and safety authorities.
- Determining ways of reducing risks.
- Compiling statistics and writing reports.
- Running health and safety meetings and training courses for employees.

Maersk Drilling Company (Maersk Discoverer Semi Submersible Rig)

BP

From December 2012 to February 2017

During this period I have played two roles based in Spain, Marocco and Italy.

Safety Representative

From June 2015 to February 2017

- Attend meetings of safety committees.
- Investigating the causes of accidents.
- Investigate potential and actual hazards and dangerous occurrences.
- Being consulted by the employer about issues relating to health and safety in workplace.
- Investigate colleagues complaints.
- Present colleagues concerns to management.
- Carry out workplace inspections.

Lead Floorman

From December 2012 to June 2015

- Manging jobs between Floor Men.
- Assist Derrick Man in Mud Control Room.
- Driving all Rig Floor machines to help drilling.
- Helping Assistant Driller in main jobs.

Roughneck in Rig EL QAHER 1 (Jack Up Rig)

Egyptian Drilling Company with PETROBEL

From May 2011 to November 2012

- Helping Assistant Driller in measuring pipes.
- Helping Derrick Man in Mud Pump by maintain its contents.
- Using some drilling machines in Rig Floor to help drilling process.

Assistant Floor Man in Rig KAMOSE (Jack Up Rig)

Egyptian Drilling Company with GUPCO

From January 2010 to February 2011

- Including cleaning drilling equipment.
- Transporting materials.
- Repairing equipment.
- Making visual inspections for rig equipment.
- Helping Floor Men by preparing their tools and equipment.

Helper in rig 10 EDC (Super land rig)

Tunisian Company

From February 2009 to January 2010

- Unloads assembles pipes and pumping equipment.
- Using hand tools.
- Housekeeping and cleaning.

COURSES

- NEBOSH International General Certification in Occupational Health and Safety (**00539270**)
- HSSE program (Health, Safety, Security & Environment) from (Mearsk Drilling).
- T-BOSIET (Tropical-Basic Offshore Safety Induction & Emergency Training) course from (Naval Academy).
- BOSIET (Basic Offshore Safety Induction & Emergency Training) course from (Naval Academy).
- HDA (Helideck Assistant) course from (Falck Nutec).
- Offshore Emergency Helideck Team Member course from (Falck Nutec).
- Offshore Emergency Response Team Member course from (Falck Nutec).
- Stop Safety For Employ course from (Randy Smith) Training Center.
- Safe Together & Environmental Awareness course from (Randy Smith) Training Center.
- Fire Fighting course from (Naval academy).
- H2S course from (Randy Smith) Training center.
- COSHH (Control Of Substance Hazardous to Health) course from (Falck Nutec).
- Confined Space course from (Falck Nutec).

- Gas Detection and Confined Space Entry from (SURVIVEX)
- Risk Assessment course from (Falck Nutech).
- First Aid course from (Falck Nutech).
- Working At Height course from (Randy Smith) Training Center.
- DROPS course from (A-ESCO).
- LOLER (Lifting Operations and Lifting Equipment Regulations) course from (Falck Nutech).
- Manual Handling Awareness course from (Falck Nutech).
- Lifting & Rigging course from (NSL)
- MIST (Minimum Industry Safety Training) course from (Falck Nutech).
- Banksman & Slinger Awareness course from (Falck Nutech).
- Scaffold Appreciation course from (Falck Nutech).
- Stuck Pipe Prevention from (Randy Smith) Training Center.
- English course from (MINISTRY OF DEFENSE LANGUAGE INSTITUTE).
- English course from (AXON CENTER).
- ICDL course from (MISR LEARN CENTER).

INTERPERSONAL

- Communication, presentation, leadership & organization.
- Willing to learn, self-managed & responsible, ambitious & creative.
- Able to meet tight deadlines effectively.
- Listening skills
- Negotiation & Problem-solving
- Decision-making
- Good feedback on construction field.
- Good feedback on offshore & onshore oilfield.

ACADEMIC QUALIFICATIONS

BSc. Of Social Work Helwan University

SKILLS:

LANGUAGE: **Arabic** mother language.

English good in spoken and written.

COMPUTER: **Microsoft (Word, Excel, PPT, Outlook)**

PERSONAL DATA

Date of Birth: August 21, 1986

Nationality: Egyptian

Marital Status: Married

Military Status: Final Exempt

I feel that working within your team will be a good advancement to my career objectives & I would like very much to be a member of your staff.